

RUTLAND CHILDREN, YOUNG PEOPLE & FAMILIES PLAN 2016-2019

Final Copy - October 2017

The Rutland Children's Trust through a collaborative partnership approach, supports the development and improvement of services for children and young people 0 – 19 years, including to the age of 25 years for some vulnerable young people. The agreed vision and priorities are set out in this Children, Young People and Families Plan (CYPFP) 2016 to 2019

This plan is published by Rutland County Council (RCC) as the lead partner with statutory responsibility to promote co-operation to improve children's wellbeing (Children Act 2004). Organisations that are key partners within the Rutland Children's Trust and who have endorsed this plan include:

- Rutland County Council
- Leicestershire and Rutland Local Children's Safeguarding Board
- East Leicestershire and Rutland Clinical Commissioning Group
- Leicestershire and Rutland Probation Trust
- Leicestershire NHS Partnership Trust
- Leicestershire Constabulary
- Rutland Early Years Providers, Schools and Colleges
- Leicestershire Youth Offending Service
- NHS Leicestershire and Rutland Local
- Healthwatch
- Rutland Parent Carer Forum
- Rutland Citizens Advice Bureau
- Voluntary Action Rutland

Our Statement of Intent:

"Improve the wellbeing and achievements of children and young people by seamless, integrated provision of services. Our emphasis is on enabling children to be well, safe and succeed first time through high quality provision, preventative action and early intervention."

About our Children, Young People and Families Plan

Our Children, Young People and Families Plan is a summary document of our shared planning to continue improving how we work together. It pulls together our priorities and sets out the direction of work for improving the lives of children and young people over the next two years.

This plan reflects our ongoing commitment to supporting children and young people, by working with them within their family, and within their community.

This plan will continue to be reviewed on an annual basis.

The initial plan completed in May 2016, covering 2016-17, and updated in May 2017 to cover our priorities for 2017-18.

CHILDREN, YOUNG PEOPLE & FAMILIES PLAN KEY THEMES 2016-2019

We have identified a number of priorities for action; these are agreed each year and are in work areas where there are measurable improvements that we can make and that improvement can be delivered in partnership. The priorities may change as we review our successes and areas for development:

KEY THEME 1	KEY THEME	2	KEY THEME 3	KEY THEME 4
Keep children well and safe	Fair Society		Listening	Efficiency
KEY THEN	IE 1		Priority Areas fo	r Action 2017-18
		1	Ensure that assessments improve and actively consand include a multiagence Next Steps Plan Recommendation	sider all risks to children y approach. (Ref: Ofsted
		2	Ensure Social Workers a regularly and that Statuto Ofsted Next Steps Plan re	ry Visits are upheld (Ref:
Keep children well and safe		3	Ensure that children have services, including specia Next Steps Action Plan R CQC review of LPT)	alist provision (ref Ofsted
		4	To enhance the health ar and young people throug integration and the delive Together health targets (I maternity and neonates p	h improved service ry of BCT Better Care Ref: STP Children's and
		5	Have assurance that add for children and young pe understood and responde agencies (ref: LSCB Prior Strategy)	eople with disabilities is ed to across partner

KEY THEME 2		Priority Areas for Action 2017-18
	6	To reduce the development and achievement gap at all key stages – championing children and young people to meet their full potential (Ref: RCC Education Framework 2017 and Rutland SEND and Inclusion Strategy 2017)
Fair Society	7	Challenge what needs to change and improve to achieve better outcomes for children and young people with a special educational need or disability (SEND) (Ref SEND and Inclusion Strategy 2017)

KEY THEME 3		Priority Areas for Action 2017-18
Listening	8	Increase participation of young people to be active citizens and engage our parents and carers to shape our services .(Ref: RCC Participation Strategy 2015)

KEY THEME 4		Priority Areas for Action 2017-18
Efficiency	9	To quality assure our practice – through the use of quantitative and qualitative data, engagement of service users, and engagement from front line staff

Appendix 1 – Action Plan

Action 1

KEY THEME 1	Priority Areas for Action 2017-18	
Keep children well and safe	1	Ensure that assessments and plans consistently improve and actively consider all risks to children and include a multiagency approach. (Ref: Ofsted Next Steps Plan Recommendation 3&4)

What difference will it make to children and families?

- Children and young people have their needs and risks assessed to enable them to access the right support at the right time
- Assessments will be a continued process to ensure needs and risks are consistently assessed
- > Assessments will inform plans fully to ensure needs are met and risks minimised
- ➤ Officers understanding and knowledge of Neglect will be improved to ensure children, young people and family's needs are better met

What are we going to do and how are we going to do it?

- a) Workshops will be provided to develop further understanding and knowledge around quality assessments
- b) Workshops will be provided to develop understanding around quality SMART plans
- c) Quality Audits will be done on a monthly basis where assessments will be reviewed as part of the audit and quality considered.
- d) We will review plans as part of every audit and ensure quality is to a good or above standard
- e) Risk assessments will be completed on children where risk is identified i.e. children subject to CP plan

Who will lead on this?

Head of Children Social Care CC

What are the measureable outcomes and targets?

- 1. 100% of Children subject to CP plans will have a risk assessment
- 2. All children will have an updated assessment within the last 12 months and this will be reported on monthly in performance reporting by children social care
- 3. Quarterly story boards will be complete to evidence progress
- 4. Audits will oversee and monitor progress and monthly reports will demonstrate progress
- 5. This links with Recommendation 3&4 of the Ofsted Next Steps Plan therefore it is reviewed monthly and will be updated regular

Action 2

KEY THEME 1	Priority Areas for Action 2017-18	
Keep children well and safe	2	Ensure Social Workers are seeing children regularly and that Statutory Visits are upheld (Ref: Ofsted Next Steps Plan recommendation 8)

What difference will it make to children and families?

- All children open to children's social care will have an allocated worker who visits them regularly in home and in school (age appropriate)
- All children and young people will have a clear/SMART plan which outlines visiting to ensure children, young people and families have a clear understanding
- Children, young people and families will have their wishes and feelings taken in to account and this co-production will be fully evidence in recording and will help develop practice
- Managers will have oversight of the frequency and the quality of visits to children, young people and families.

What are we going to do and how are we going to do it?

- a) Clear guidance and practice standards have been issued
- b) Workshops will be provided to develop further understanding and knowledge around expectations and statutory duties
- c) Signs of Safety will continue to be embedded and be our main methodology
- d) We will review visit, statutory duties and as part of every audit and ensure quality is to a good or above standard

Who will lead on this?

Head of Children Social Care CC

What are the measureable outcomes and targets?

- 1. 100% of Children will have a visit as per Statutory guidance, this will be monitor and evidence through concise data
- 2. Monthly reporting on stats will monitor, oversee and challenge this area, monthly Performance meetings and quality performance board will offer additional scrutiny
- 3. Quarterly story boards will be complete to evidence progress
- 4. Audits will oversee and monitor progress
- 5. This links with Recommendation 8 of the Ofsted Next Steps Plan therefore it is reviewed monthly and will be updated regularly

Action 3

KEY THEME 1	Priority Areas for Action 2017-18	
Keep children well and safe	Ensure that children have timely access to health services, including specialist provision (ref Ofsted Next Steps Action Plan Recommendation 16)	

What difference will it make to children and families?

- > All children looked after in Rutland will have timely access to health services
- ➤ All children looked after will have robust Strengths, Difficulties Questionnaires (SDQs) which inform their health assessments and wellbeing being
- ➤ All children in Rutland will have access to health services, and where specialist provision is required, this will be done in a timely manner and in line with national and local waiting time criteria

What are we going to do and how are we going to do it?

- a) We will track all SDQ's and Health Assessments for children looked after
- b) We will devise a list of all suitable provisions which can be access and used
- c) We will be clear with regards to pathway such as CAMHs
- d) Where children require specialist provision these cases will be discussed at either High Needs Panel or our At Risk Children / Children Looked After Panel or Continuing Care Panel.

Who will lead on this?

Head of Children Social Care CC

What are the measureable outcomes and targets?

- 1. Panel which are chaired by heads of service will oversee such cases where specialist provision is required
- 2. Audits will review and reflect

Action 4

KEY THEME 1	Priority Areas for Action 2017-18	
Keep children well and safe	4	To enhance the health and well-being of children and young people through improved service integration and the delivery of Sustainability and Transformation Plan (STP) health targets

What difference will it make to children and families?

Young people will have access to better support and information on mental health and wellbeing and increased understanding of mental health.

Staff in Rutland schools will be better equipped to support children and young people's mental wellbeing and to build resilience and intervene early. Practitioners will report increased knowledge and confidence in dealing with mental health issues.

All early years settings will have an increased awareness of good oral health and 70% will have supervised tooth brushing sessions in place.

Parents will feel better supported through quicker access to information and advice.

What are we going to do and how are we going to do it?

- a) Improve access to emotional health and well-being support for children and young people in primary and secondary schools through targeted support detailed below and by promoting the primary mental health professional advice line (PAS) for schools.
- b) Reduce the gap between Tier 2 and Tier 3 specialist mental health services and support through a new early help programme.
- c) Better promote the range and availability of Tier 1 and 2 support available in Rutland to professionals, young people and parents via the Rutland Information Service, School websites and parent training.
- d) Provide The Route to Resilience; evidence based, whole school approach training for staff in Rutland Primary, secondary schools and colleges.
- e) Provide training for school staff to support them with the national requirement for all schools to provide relationship (primary school) and sexual health and relationship education (secondary schools) for pupils from 2019.
- f) Implement the 0-19 healthy child programme (Healthy Together) and further develop joint working and co-location in Rutland Children's Centre services.
 - This will enable early identification of needs and provision of wrap around support.
- g) Support parents through timely support and information e.g. Chat health (parents) texting service
- h) Improve the rate of healthy weight children in Rutland. Provide targeted support to children and families identified as overweight or very overweight including through the Fun, Food & Fitness programme.

- i) Complete delivery of oral health training in early years settings and establish supervised tooth brushing programmes in pre-school settings.
- j) Increase the access to services for care closer to home for children with complex health needs.
- k) Undertake joint health assessments reviewing packages of care and respite service

Who will lead on this?

RCC Lead for Public Health

What are the measureable outcomes and targets?

- 1. The number of educational settings working to improve understanding on mental health and wellbeing and supporting their students and signed up to the Rutland Pledge.
- 2. The number of children, young people and parents who access early support and information and how they rate this.
- 3. The number of staff/ practitioners who receive training in children and young people's mental health and participate in resilience training.
- 4. Emotional health and wellbeing projects delivered in 2 primary and 2 secondary schools, via youth service offer and Kooth etc.
- 5. The increase in the prevalence rate of children who are overweight or very overweight between reception and year six is reduced. (2016: 12.5% reception; 23% year 6)
- 6. 80% of early years settings have received oral health training and 70% have taken up the supervised tooth brushing programme.
- 7. The percentage of 5 year old children with tooth decay in Rutland (28.8% in 2015) continues to reduce and comes into line with national levels or better. (24.7%)

Action 5

KEY THEME 1		Priority Areas for Action 2017-18	
Keep children well and safe	5	Have assurance that additional safeguarding risk for children and young people with disabilities is understood and responded to across partner agencies (Ref LSCB Business Plan Priority 17/18 an SEND Inclusion Strategy 2017)	

What difference will it make to children and families?

- Children and young people with a disability will have their needs identified and will be protected by their community and by professionals
- Adults caring and working with children with SEND will feel confident to advocate on behalf of children to keep them safe.
- > All children who are assessed and require a SEND/EHC Plan will have one
- Plans will reflect the children needs and outcomes required
- Children will have the right support at the right time to ensure their needs are fully met and ensure they are able to reach their full potential

What are we going to do and how are we going to do it?

Carry out an audit to determine whether the issues identified in the national research are present in Leicestershire and Rutland

Identify any other issues that create additional safeguarding risk for children and young people with SEND

Carry out Organisational self-assessment to test the effectiveness of current arrangements

Carry out Multi-agency Case File Audits to test the effectiveness of current arrangements Agree a plan for improvement that enables us better to safeguarding children with disabilities

Who will lead on this?

Head of Early Help, SEND and Inclusion

What are the measureable outcomes and targets?

- 1. Assurance and effectiveness of overarching assessment of safeguarding standards for children and young people with SEND.
- 2. Compliance with national recommendations for Safeguarding (C&YP) with SEND across LLR

Action 6

KEY THEME 2	Priority Areas for Action 2017-18	
Fair society	1	To reduce the development and achievement gap at all key stages – championing children and young people to meet their full potential (Education Framework 2017 SEND and Inclusion Strategy)

What difference will it make to children and families?

- Children will reach educational standards which demonstrate good progress from their starting points
- 2. Children with additional needs or are representing vulnerable groups have needs met so that they can achieve standards in line with those seen nationally which enable them to enter into further education, training or employment
- 3. Children and young people will become adults who can achieve economic wellbeing

What are we going to do and how are we going to do it?

- a) Reduce the gap between the attainment and progress of disadvantaged groups (including those identified with SEND and those in receipt of pupil premium or service premium funding) through a funded programme of universal and targeted support identified through school effectiveness evaluation
- b) Engage head teachers and school governors in extended programme focused on peer review and challenge to identify good practice as well as common themes for development and joint practice development
- c) Monitor and challenge pupil data outcomes, particularly of those groups of pupils identified with SEND or entitled to pupil premium or service premium funding

- d) Engage with, and promote, Rutland Teaching Alliance (RTA) and the East Midlands Teaching School Alliance (EMTSA) activity to improve leadership, teaching and learning and pupil outcomes, particularly for those pupils identified with SEND or entitled to pupil premium or service premium funding
- e) Work in partnership with school and providers to embed the Education Framework 2017-20 and the RCC Inclusion Strategy

Who will lead on this?

Head of Learning and Skills, RCC

What are the measureable outcomes and targets?

Attain standards and close performance gaps in indicators as identified through scrutiny of 2017 pupil level data gaps and expressed through the 2017-18 Education Framework

Action 7

KEY THEME 2	Priority Areas for Action 2017-18	
Fair society	2	Challenge what needs to change and improve to achieve better outcomes for children and young people with a special educational need or disability (SEND) (Ref SEND and Inclusion Strategy 2017)

What difference will it make to children and families?

- **1.** The needs of our children will be identified sooner and support put in place earlier, so we reduce the need for unnecessary assessments and intrusion in families' lives
- 2. More children will be able to maintain their education and their family life in Rutland when it is in their interest.
- 3. Children and parents will be encouraged to seek appropriate support and will have more choice and feel more in control of their support plan.

What are we going to do and how are we going to do it?

- 1. All children with a SEN/EHC will be reviewed to ensure the plans are SMART
- 2. We will work with families, children, young people and professionals to ensure children's outcomes are met
- 3. Services will work together to ensure that EHC Plans will identify not only a child's or young person's education needs and support but address their health and social care needs too. This will be tested though our partnership performance and quality assurance mechanisms

Who will lead on this?

Early Intervention and SEND Inclusion Service Manager and Designated Clinical Officer & SEND Lead for FYPC

What are the measurable outcomes and targets?

- 1. Children and their families report improvements in their life at the end of an intervention.
- 2. The sustained and meaningful engagement of children and their parents is evidenced in their support plans
- **3.** Timescales are met in assessing and responding to children's needs and the need for specialist services or unnecessary intrusions in families' lives is reduced.
- **4.** Decisions are robust and can demonstrably evidence best value for money

Action 8

KEY THEME 3	Priority Areas for Action 2017-18	
Listening	1	Increase participation of young people to be active citizens and engagement of parents and carers to shape services (Participation Strategy 2015, LSCB Priority 17/8).

What difference will it make to children and families?

- 1. The 'voice of the child' is a golden thread through the whole system.
- 2. The needs of Children, Young People and Families in Rutland influence planning for health and wellbeing improvements across all public services.
- 3. Services respond to the young people inspections findings inform delivery and changes where required.
- 4. Young people are influencing service design and policies.

What are we going to do and how are we going to do it?

- a) Involve children and YP in decision making and ensure young people, including the most vulnerable, influence the services they receive
- b) Expand Children in Care Council (CICC) activity and ensure consultation on key policies including CLA (Children Looked After) pledge.
- c) Maintain involvement of young people in recruitment campaigns.
- d) Maintain Rutland Youth Council (RYC) consultation on key partnership activity.

Who will lead on this?

Manager Universal and Partnerships, Early Intervention, Children Social Care RCC

What are the measurable outcomes and targets?

- 1. Multiagency audits will consistently monitor children voice
- 2. Pledge Surveys will be run and reported on at each Corporate parenting board
- 3. Story Boards of child voice will be completed each guarter in children services
- 4. Childs voice links also with the Ofsted Next Steps Action Plan and this will be reported on Monthly and updated regularly.

Action 9

KEY THEME 4	Priority Areas for Action 2017-18	
Efficiency	1	To quality assure our practice – through the use of quantitative and qualitative data, engagement of service users, and engagement from front line staff (Ref: Next Steps Action Plan Recommendation 1)

What difference will it make to children and families?

- 1. Children and families will receive high quality interventions at the right time. Our children's workforce feel supported in their work with families.
- 2. All stakeholders will understand the importance of business intelligence and offer robust challenge in holding the authority and its partners to account.
- 3. Business intelligence will provide transparency and oversight of the service which children are receiving (linking to above actions, such as timely assessments, quality plans, statutory visits...)

What are we going to do and how are we going to do it?

- a) Continue to develop our quality assurance and performance framework to evidence impact and highlight any areas requiring improvement
- b) Lead development of a sub-regional (Leicester, Leicestershire & Rutland) common performance framework for Early Help
- c) Multiagency audits
- d) Reporting performance data to LSCB Safeguarding Effectiveness Group (SEG) for oversight, analysis and challenge
- e) Create multiagency training and reflective space implementing the competency framework, peer supervision or action learning sets

Who will lead on this?

LSCB Lead / Business Intelligence Manager / SEG

What are the measurable outcomes and targets?

- 1. Complete Multiagency audits and quality testing via LSCB
- Leicester, Leicestershire & Rutland joint performance framework for Early Help in place for Quarter 3 (Oct-Dec) 2017-18
- 3. Complete monthly audits internally which measures both timescales and quality across children services
- 4. Complete a localised safeguarding survey or partnership peer challenge annually
- 5. Regular feedback from children, young people and families will be gathered on a monthly basis
- 6. Practitioner health check survey